

CENTREBOARD DIVISION

SAILING INSTRUCTIONS FOR CLUB EVENTS

Rules All races will be conducted under the ISAF 2009/2012 Racing Rules of Sailing (RRS) (or subsequent), the Prescriptions of Yachting New Zealand (YNZ), the Rules of Participating Classes, these Sailing Instructions, and Special Notices of Race and Sailing Instructions which may be issued for particular events.
Races are classified as Category B Events (RRS Appendix G4) unless otherwise specified in Notices of Race or Sailing Instructions for special events.

Rule 61.1(a) has been altered so that all racing yachts will not be exempt from displaying a protest flag.

Authorities The National Authority referred to in the RRS is YNZ.
The Organising Authority for races is the Glendowie Boating Club Inc. (GBC), or its appointed Race Officers.

Safety Regulations Centreboard yachts shall comply with YNZ Safety Regulations Part 1, and the Rules of Participating Classes. All competitors must wear a lifejacket to YNZ approved standard while racing, and sailing to and from the race area.

Entries Every yacht intending to start in a race shall be:
- registered with YNZ or a Class Association and display the registered number on its sail(s), and
- entered by a financial member of the GBC who has paid a season's race entry fee OR entered by a financial member of a yacht club affiliated to YNZ who has paid a visitor's race entry fee of \$5.00 per day.

Skippers must sign on and off for each race on the form provided in the Clubhouse foyer prior to the warning signal for that race (or for the first of one or more back-to-back races). Failure to sign on will result in the individual entry or entries receiving a DNS for the scheduled race/s. At least 3 entries are required for a valid race.

Visitors may enter up to 3 race days per season. Visitors are not eligible for trophies or prizes unless specified in Notices of Race or Sailing Instructions for special events.

Notices to Competitors Notices will be posted on the Notice Board or whiteboard located on the ground floor of the GBC Clubhouse. A Race Briefing may be held on the Clubhouse deck prior to the warning signal for each race. Amendments to these sailing instructions may be made prior to the Warning Signal for a race and will be notified to competitors at a race briefing and/or by a notice posted on the notice board or whiteboard prior to the Warning Signal. Any change made at sea to the Sailing Instructions will be given verbally by an Official Race Committee boat, which may fly Flag L (yellow and black chequerboard). Such postings shall constitute official notice to each competitor in accordance with RRS 88.2. It is the sole responsibility of each competitor to obtain the changes instructions.

Signals Signals made will be in accordance with RRS25. Signals made ashore will be displayed from the Clubhouse flagstaff.

Postponement Flag AP (red/white stripe pennant) with 2 sound signals (1 sound signal when lowered) means the race is postponed. The Warning Signal will be made not more than 30 minutes after AP is lowered. Warning

Abandonment Flag N (white/blue chequerboard flag) over flag H (red/white) with 2 sound signals means this race is abandoned, return to shore. A race may be abandoned at any stage at the discretion of the Race Officer and will not be grounds for redress (amends RRS 62.1).

Class Flags Class Flags will be:
 Optimist Open White flag with black Optimist symbol
 Optimist Green Green flag with white Optimist symbol
 Starling White flag with red star
 Arrow Blue flag with diagonal yellow stripe
 Additional Classes may be included with the approval of the Race Officer.

Courses Courses will be set by the Race Officer and will be displayed on the Notice Board or whiteboards prior to the Warning Signal.

Start Procedure Races will be started as follows. This changes RRS 26.1 and 30. Times shall be taken from the visual signals; the failure of a sound signal shall be disregarded.

Starting

Time	Signal	Flag	Sound	
10 min	-	-	2 sounds	(if used)
5 min	Warning	Class flag up	1 sound	
4 min	Preparatory	P flag up	1 sound	
3 min	Preparatory	P flag	-	
2 min	Preparatory	P flag	-	
1 min	Preparatory	P flag removed	1 sound	
0 min	Start	Class flag removed	1 sound	

and Warning (5 min) for next Class and new Class Flag displayed.

Succeeding classes will be started at 5 min intervals by displaying the Warning with the Starting Signal for the preceding class.

This starting sequence may be modified at the discretion of the Race Officer to a 3 minute start sequence as follows. Any change will be notified prior to racing.

Time	Signal	Flag	Sound
3 min	Warning	Class flag up	1 sound
2 min	Preparatory	P flag up	1 sound
1 min	Preparatory	P flag removed	1 sound
0 min	Start	Class flag removed	1 sound

and Warning (3 min) for next Class and new Class Flag displayed.

The Preparatory Signal Flag P may be substituted with Flag I (yellow with black dot) with corresponding meaning under RRS 30.1.

- Start Line** *Clubhouse start:* A line from the mast of the Clubhouse Tower to a laid Outer Distance Mark (usually white).
- Boat start:* A line from the Start Boat flagpole with Orange flag to an Outer Distance Mark.
- In either case an Inner Distance buoy, not necessarily on the line, may be laid. Boats when starting must pass between the Outer Distance Mark and the Inner Distance buoy sailing in the direction to the first mark. A boat shall not start later than 15 mins after her starting signal.
- Recall – Individual** Flag X (white square, blue cross) displayed per RRS 29.1. May be accompanied by 1 sound signal. A hail may be used to identify premature starters, but the responsibility to start correctly remains with the skipper.
- Recall – General** First Substitute Flag (pennant, yellow with blue border) displayed. May be accompanied by 2 sound signals. Recalled Class will withdraw from starting area until all other Classes have started, and their new Warning Signal (3 or 5 min) will be the Starting Signal of the last scheduled Class start (changes RRS 29.3). If the recalled Class is the last scheduled Class to start, a new warning signal will be displayed for the recalled Class one minute after lowering First Substitute flag.
- Change of Course** A change of course will be signalled near the mark beginning the leg to be changed by a Patrol Boat, which will rank as a mark, displaying Flag C (blue, white, red horizontal stripes). A sound signal or hail may be made, and the Patrol Boat will notify the direction or position of the next mark by hail. A red (port) or green (starboard) flag may be displayed to indicate that the next mark has been moved to port or starboard. The change will be signalled before the leading yacht has begun the leg although the new mark may not yet be in position (changes RRS 33).
- Shorten Course** Flag S (white, blue square) displayed by a Patrol Boat and/or the Clubhouse Tower (RRS 32). May be accompanied by sound signals or hails. Directions to the next mark or finish will be notified by a Patrol Boat. Where Class Flags are displayed in addition to Flag S the shortened course applies to those Classes only. In addition to the provisions in RRS 32, the Race Officer may shorten the course at his discretion to attempt to achieve a suitable race duration.
- Alternative Penalties** The 720 degree turns penalty will apply (RRS 44.1 & 44.2). The 360 degree turns penalty for touching a mark will apply (RRS 31).
- Finish Line** A line between the mast of the Clubhouse Tower and a laid mark (usually white), OR for boat finishes a line between the flagpole with Orange flag of the Race Committee Boat and a laid mark. A blue flag indicating finishing boat may also be flown.
- Time Limit** The time limit for the first boat to finish is at the discretion of the Race Officer.

Protests

Immediately after finishing a boat intending to protest shall, in addition to the requirements of rule 61.1(a), inform the Race Officer at the finishing line of her intention to protest and the identity of the boat(s) protested against. The protesting boat must receive an acknowledgement from the Race Officer. This changes rule 61.

Protests shall be lodged in writing with the Race Officer within 60 mins of the finishing time of the last boat in the protestor's Class on the day of the incident. A protest fee of \$10.00 will be payable and must be attached with the protest when lodged.

Withdrawals

Competitors must notify the Race Officer or a race official as soon as possible after they retire from a race.

Scoring System

The scoring system for accumulating points for both handicap and championship events will be the RRS A4.1 Low Point System.

Liability

All those taking part in events covered by these Sailing Instructions accept that they do so at their own risk and responsibility, and that GBC and its officers have no liability for any damage, loss or penalty sustained to person or property howsoever arising. Entrants accept that they have the sole responsibility for deciding whether or not to start or to continue a race. GBC is not responsible for the seaworthiness of a boat whose entry is accepted, the adequacy of its equipment or the competence of its crew. GBC reserves the right to refuse any entry.